

Only a fool breaks the two second rule

(Maintain a safe distance from the vehicle ahead)

Take, use and give (TUG)

(Take information, use that information and give information as appropriate)

Tyres and tarmac when stopping

(Maintain a sensible distance from the vehicle ahead when coming to a stop)

Bob and Tom check – particularly when pulling away

(Side mirror check prior to pulling away, checking for bikes and motorcycles particularly)

Braking to slow but good to go

(Be prepared to stop but also ready to go should opportunity present itself – making progress)

Under, over, round and through

(Checking under, over, round and through stationary vehicles when passing them)

Observation, anticipation, planning

(Observe, anticipate and plan all actions – IPSGA)

Plan your drive, drive your plan

(Prepare any drive, including any possible issues that you may encounter during that drive)

Fail to plan, plan to fail

(Always plan a drive including duration, rest points and expected arrival time)

Nothing happens “Suddenly”

(The observant driver should not be surprised by another person’s actions)

What can you see, what is happening, what you are going to do about it (IPSGA)

(Continually use IPSGA throughout a drive – make best progress with maximum safety and maximum awareness of other road users)

Be a Thinking Driver at all times