#### Wolverhampton Advanced Motorists Group

Registered Charity Number 1053330



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# **ADVANCED DRIVING**

### **BEING A THINKING MOTORIST**

# **THEORY SESSION 1**

### IAM RoadSmart



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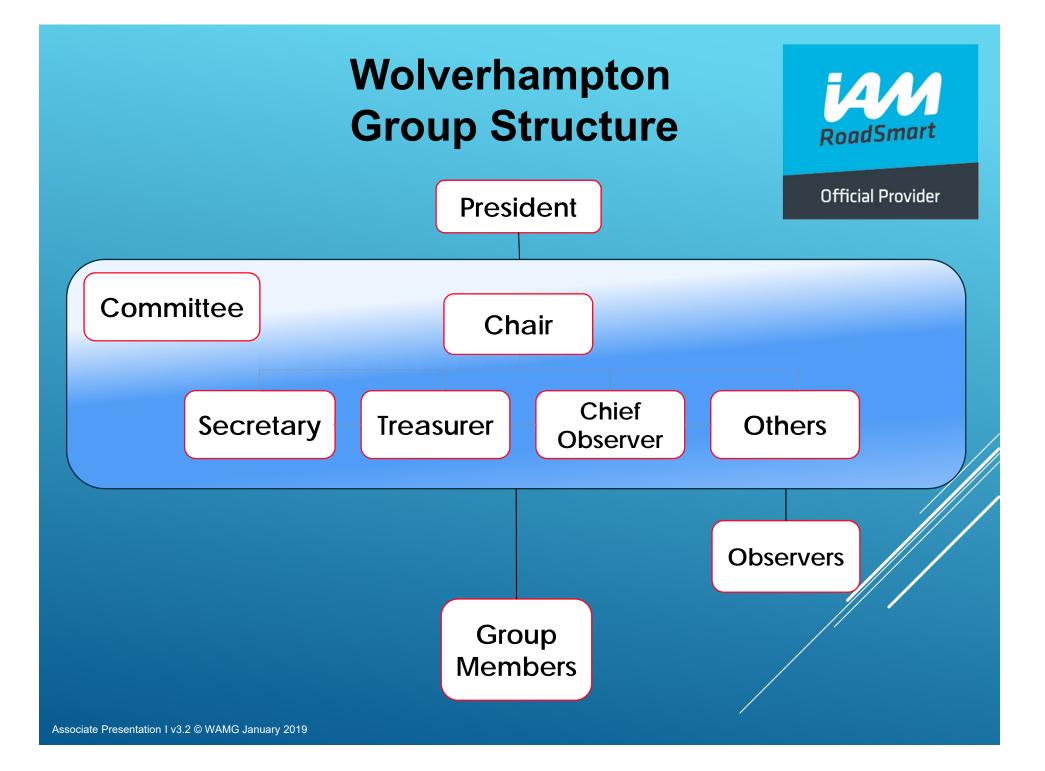
# IAM RoadSmart is UK's leading advanced driving organisation

#### **Started in 1956 to improve road safety**

There are 200+ independent Groups in the UK

90 000+ current Members who have passed the Advanced Driving test

Tests available for Car, Motorcycle and Commercial vehicles

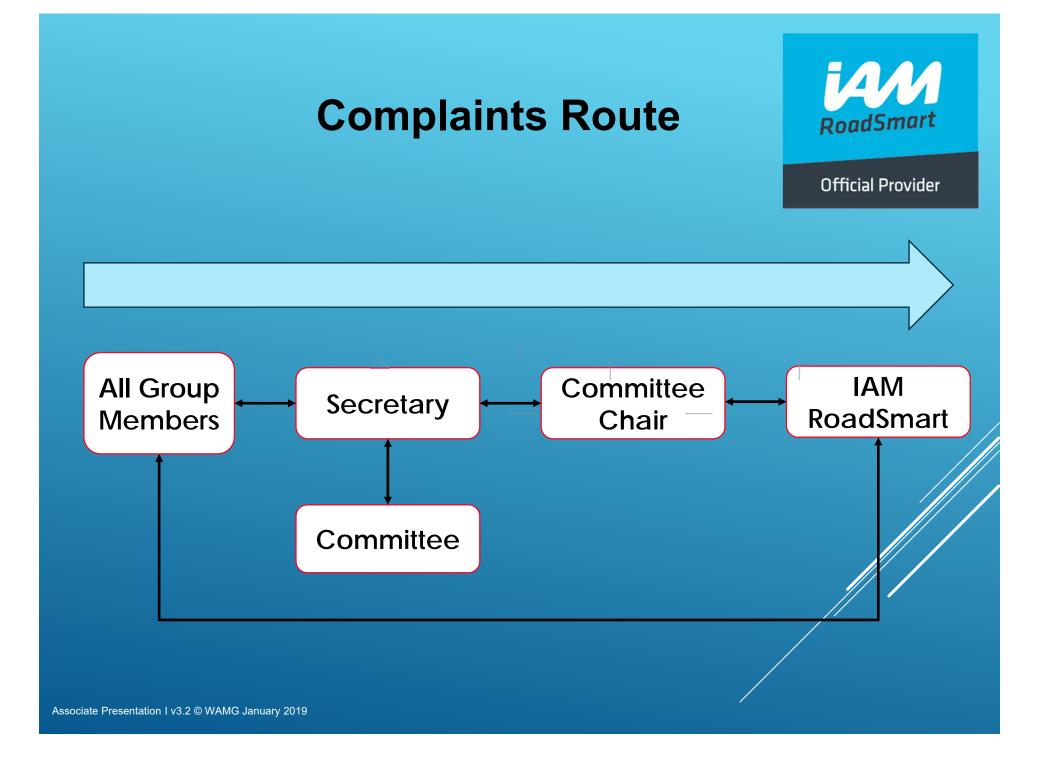


### IAM RoadSmart Fee Structure



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- Your first year is fully covered by the "Joining Fee" paid to IAM RoadSmart
- There are two parts to subsequent years fees:
  - IAM RoadSmart (Paid to Welwyn Garden City)
  - Group Fee (Paid to Wolverhampton Group)



### **Complaints Process**

#### Contact Us

Thank you your interest in driving and road safety locally and nationwide by accessing our group website. You can contact us by phoning or emailing our group using the detail below – or – why not use the Events Diary option on this website and come to meet us in person at our meeting location. You will be made very welcome. All emails, phone calls/ voice messages received will be responded back to you as soon as possible but please bear with us, all of our Group Officers are volunteers. We do always strive to get back to any query within twenty four hours however so if you haven't heard from us within that time please give us a nudge.

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Your Name (required)

Your Email (required)	Contacts Within Group		
	Paul Williamson	Chairman	chair@wolvesiam.org
Subject	Geoff Davis	Treasurer	treasurer@wolvesiam.org
Your Message	Tony Robson	Secretary Membership Newsletter	secretary@wolvesiam.org
	Roy Richards	Chief Observer	chief.observer@wolvesiam.org
	Nigel Packer	Associate Controller	associate.controller@wolvesiam.org
	Dr. Jonathan Hughes	Communications Officer Minutes Secretary GDPR Compliance	admin@wolvesiam.org minutes@wolvesiam.org gdpr@wolvesiam.org
	Chris Smith	Events	events@wolvesiam.org
Send	David Gallagher	Young Driver	young.driver@wolvesiam.org
	Graham Foulkes	Committee Member	
	Richard Dodd	Committee Member	

25% of all incidents involve other vehicle crossing and priorities



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#### 33% of all incidents involve

rear end shunts

Partly responsible for an incident?

You are 4x more likely to have
another collision within, a year

Following an incident you are 2x more likely another in the next 3

years

People/DO NOT learn!

Insurance Company Data

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### A TYPICAL DAY ON OUR ROADS...

#### **Unlicensed Driver**

24% - No driver training54% - No Insurance22% - Bad Attitude

#### **Distracted Parent**

28% - Rushing to work33% - Kids playing up39% - Late for School

#### Sales Rep

41% - Late for meeting 33% - On phone

26% - Thinking of other



**Unfit Driver** 

37% - Poor eyesight27% - No test taken36% - Panicking



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#### New Driver

42% - More traffic than usual 25% - Indecisive 33% - Panic

**The Fiddler** 

17% - Eating food44% - On Phone13% - Changing CD26% - Admiring reflection

### **Course Programme**



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#### This is to help you improve your Road Safety using the Highway Code and IAM RoadSmart's Advanced Driving

#### Please UNDERSTAND and USE this information every time you drive

Any questions tonight or any time, please ask

### **CHANGE AND CORRECT BAD HABITS**

### **Course Programme**

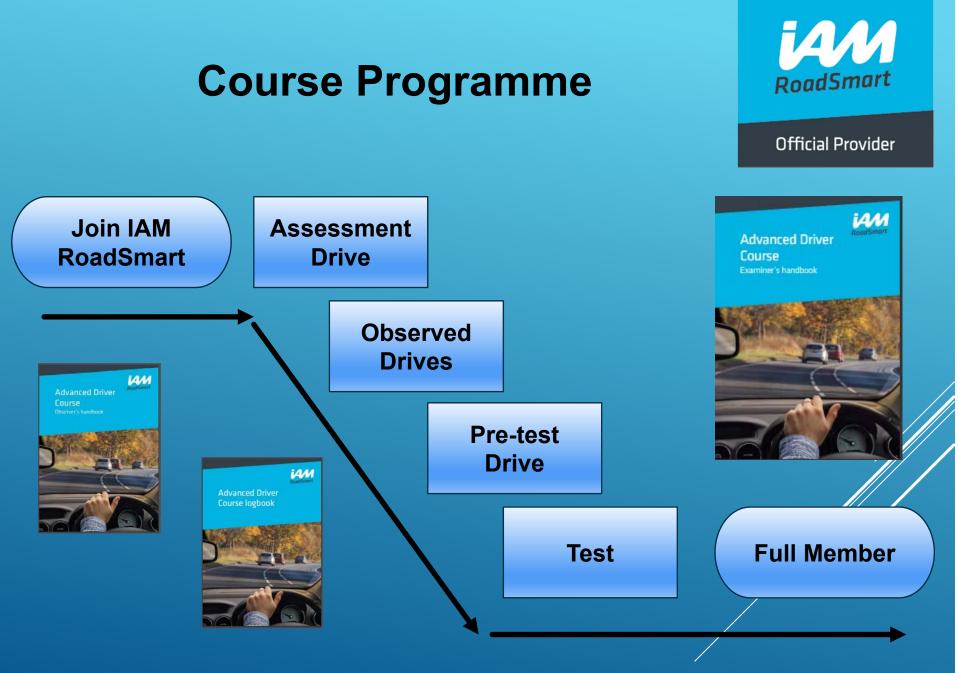


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### An Observer is allocated to guide you in understanding and implementing advanced driving skills

Together you will complete run sheets to provide direct feedback and a record of your development

KEY SKILLS that you will learn are improved concentration, observation, anticipation, planning and best use of your vehicle



### Benefits of Being an Advanced Driver



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Better able to anticipate other road users Arrive more relaxed at end of journey **Reduced vehicle wear and tear Drive with reduced fuel costs Greatly reduced chance of accidents Discounted insurance Plus Many Others ...** 

### What Can be Seen?



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### What Might Reasonably Be Expected to Happen?



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### What Cannot Be Seen?



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### How Much do you Really See?



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Look at what others are doing Look through vehicle windows Look under vehicles Look at moving shadows Look at reflections in shop and vehicle windows Look for headlights at night Listen for motorcycles, lorries, speeding cars Smell diesel, manure

### How Much do you Really See?



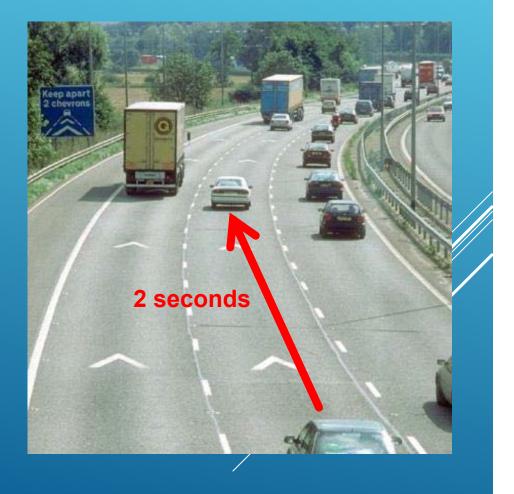
**Official Provider** Awareness What do you really see?

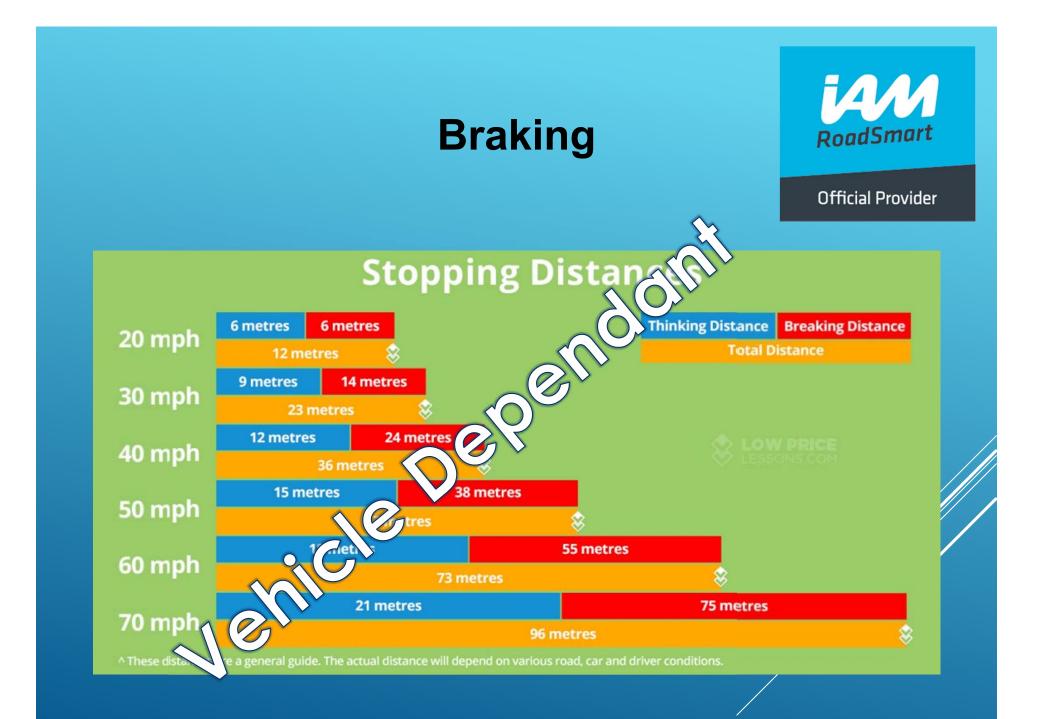
### Braking



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Do you know what the braking distance for a car on a dry road is at various speeds?





### **Road Signs**



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# So how good are you with road signs?

### **Road Signs**



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### **Road Signs**



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### When should you flash your headlights and/or sound your horn?

### In Car Technology



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Do you know what driving aids you have on your car and how to use them?

### **Beware of Distractions**

LY5IZSP



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How Easy it is to be Distracted

### **Your Car**



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### **Cockpit Drill**

### The Importance of the Pre-Drive Vehicle Explanation to an Examiner

The Importance of Knowing How to Use ALL the Test Vehicle Technology

What Should and Should Not be Used

### The Four S's of Advanced Driving



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### **Replace habitual driving with**

Safe Driving Systematic Driving Smoother Driving Speed Managed



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### **Coffee Break**





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### **Advanced Driving is centred around IPSGA**

- I Information
- P Positioning (Planning)
- **S** Speed
- G Gear
- **A Acceleration**

#### "THE SYSTEM"= IPSGA

INFORMATION					
POSITION	SPEED	GEAR	ACCELERATE		

Each phase is considered or executed in this sequence, each time, every time a HAZARD is encountered



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#### "HAZARD"

#### is anything containing an actual or potential element of danger

- (i.e. a situation which could lead to an accident of some sort)
- 1) Things that are always there
  - · Bends, junctions, hump back bridges, etc
- 2) Things that just happen to be there when you are
  - Joggers or horses in the road
  - Badly parked white van
  - Children playing by the kerb

#### Whenever you see a HAZARD, apply THE SYSTEM



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This phase runs continuously throughout the journey......

Absorb information

360 degrees in front, behind, sides

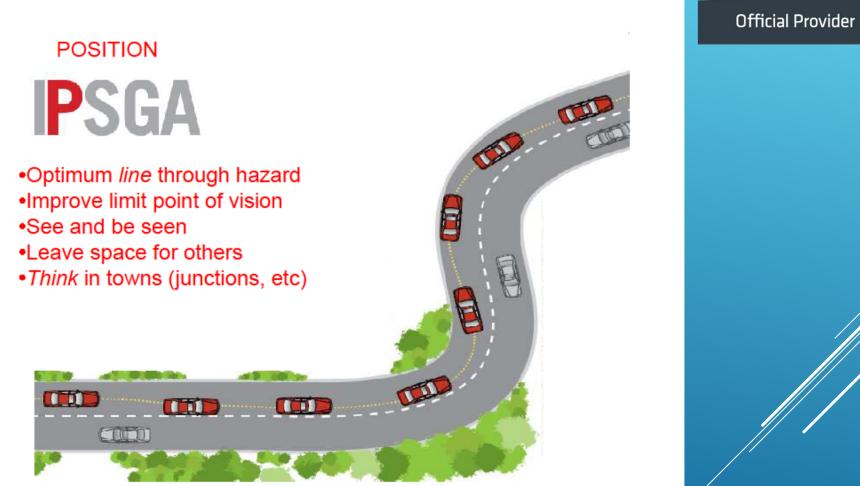
Process information

What might happen? What will you do if it does happen?

Give information

•Signals, brake lights, position







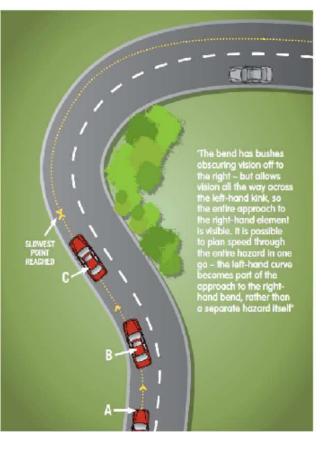
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# **IPSGA**

Use natural slow-down where possible
Brake only in a straight line
Don't touch gears yet
Use limit point to determine entry speed
Get all speed off well before turn

Same process for hump or level crossingNot all hazards imply speed *reduction* 





Gear-change should be completed before entry to the hazard, leaving hands free to manage the steering wheel, and on a bike leaving the rider to deal with the balance and steering, without having to worry about gear changing. This can be especially important on bends – when entering the hazard, adjusting speed can be critical

SPEED (SLOWING)

•Finish braking *before* selecting appropriate gear for hazard

Do not overlap braking and gear change

•Select a good gear for current speed and to take you through the hazard

-Use "block changing", e.g. Straight from 5th gear to 3rd

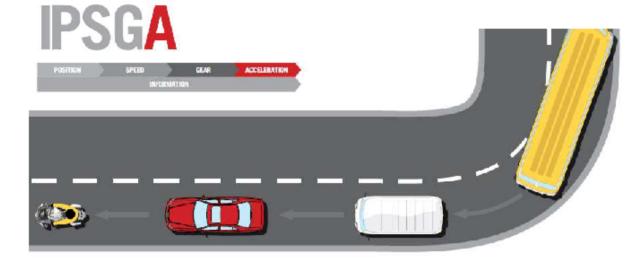
•Ensure change is done and both hands back on wheel before turning

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This phase actually starts as you enter the hazard
The limit point will by now be starting to move in front of you
Apply some power, not to accelerate, but to corner under power
Follow the limit point smoothly around the bend, matching its speed
As the road straightens, and the limit point moves rapidly away, accelerate
"Block change" back up, e.g.3<sup>rd</sup> to 5<sup>th</sup>



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- 1. Concentrate and avoid distractions
- 2. Read the road and anticipate hazards
- 3. Anticipate how they may affect you
- 4. Drive in a planned and systematic way
- 5. Use mirrors and all-round observation
- 6. Signal only when appropriate
- 7. Drive with restraint but not indecision

- 7. Steer the vehicle safely and effectively
- 8. Brake smoothly and progressively
- 9. Change gear at the right time and speed
- 10. Use acceleration sense
- 11. Use controls with finesse and sensitivity

### **System of Car Control**





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### System of Car Control

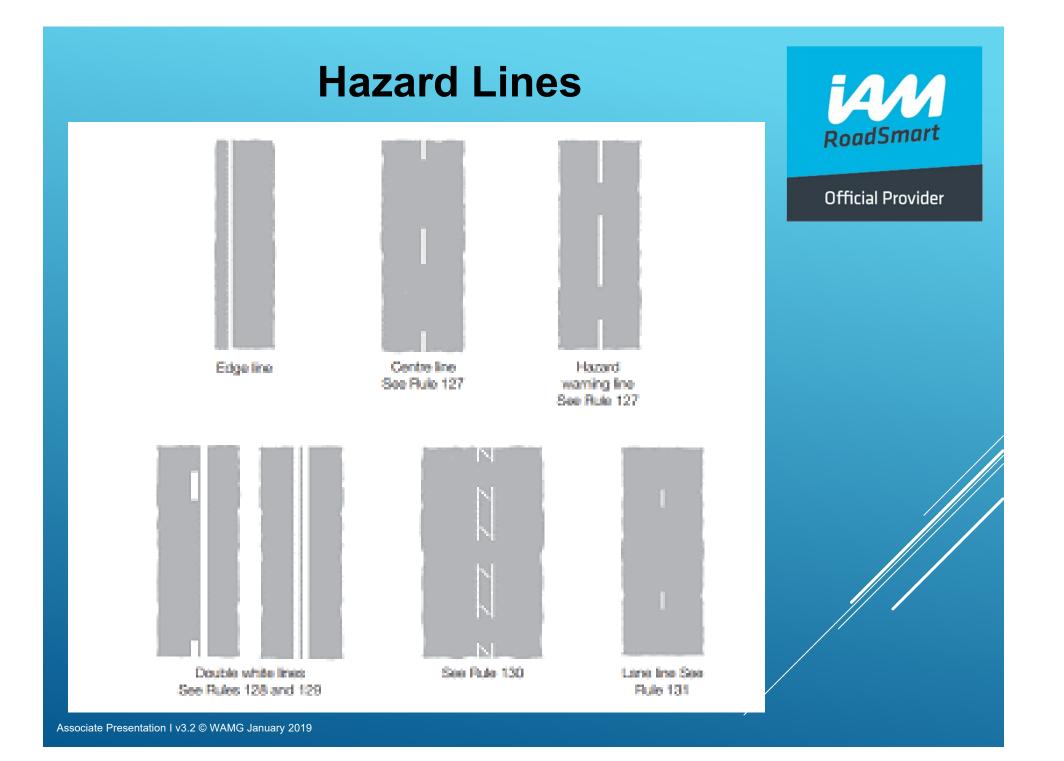
### **System of Car Control**





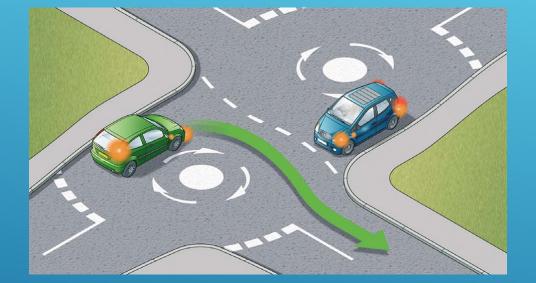
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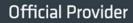
#### System of Car Control

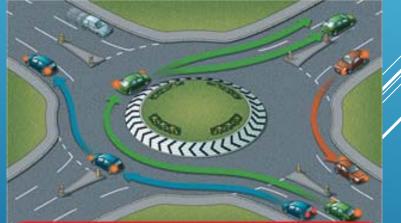


### **Roundabouts**









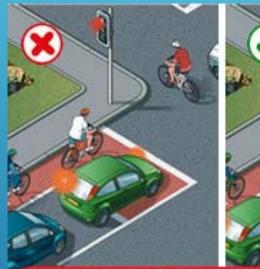
Rule 185: Follow the correct procedure at roundabouts

### **Junctions**



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Rule 178: Do not unnecessarily encroach on the cyclists' waiting area

### **Speed Restrictions**





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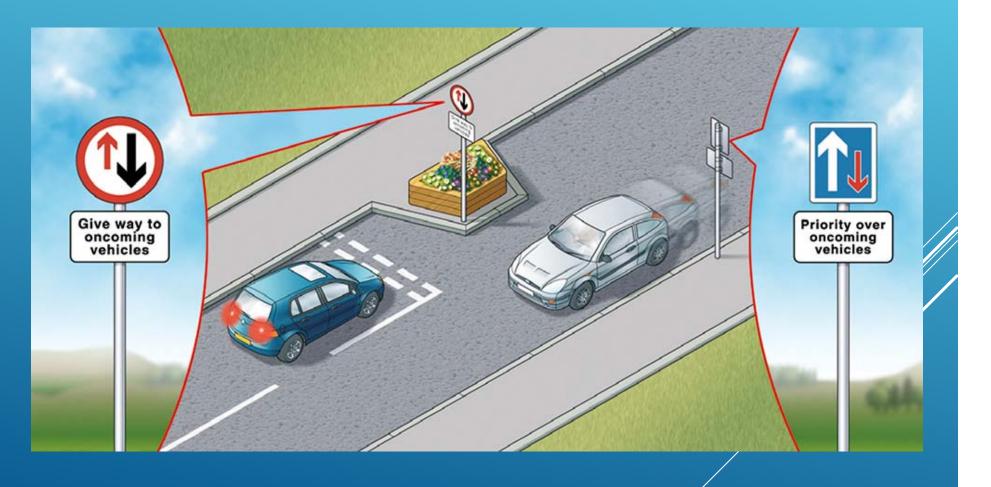




### **Right of Way**



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### **Aides Memoire**

#### Only a fool breaks the two second rule

(Maintain a safe distance from the vehicle ahead)

#### **Take, use and give (TUG)** (Take information, use that information and give information as appropriate)

#### Tyres and tarmac when stopping

(Maintain a sensible distance from the vehicle ahead when coming to a stop)

#### **Bob and Tom check – particularly when pulling away**

(Side mirror check prior to pulling away, checking for bikes and motorcycles particularly)

#### Braking to slow but good to go

(Be prepared to stop but also ready to go should opportunity present itself - making progress)

#### Under, over, round and through

(Checking under, over, round and through stationary vehicles when passing them)

#### **Observation, anticipation, planning**

(Observe, anticipate and plan all actions - IPSGA)

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### **Aides Memoire**



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#### Plan your drive, drive your plan

(Prepare any drive, including any possible issues that you may encounter during that drive)

#### Fail to plan, plan to fail

(Always plan a drive including duration, rest points and expected arrival time)

#### Nothing happens "Suddenly"

(The observant driver should not be surprised by another person's actions)

## What can you see, what is happening, what you are going to do about it (IPSGA)

(Continually use IPSGA throughout a drive – make best progress with maximum safety and maximum awareness of other road users)

#### Be a Thinking Driver at all times

### **Advanced Driving**



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### **Any Questions or Additional Thoughts?**